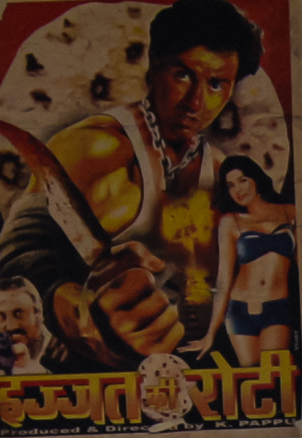


# Annual Report

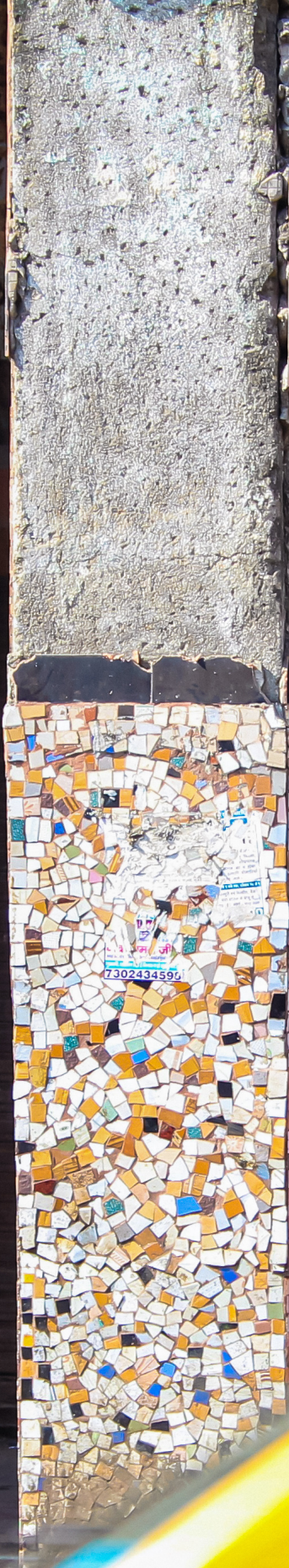
## 2019 - 2020







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# the issue

Human trafficking is a problem deeply ingrained in a society where the law 'survival of the fittest' rules. Civil society is based on the non-negotiable principles of universal human rights, equality, freedom, justice, liberty, and the fundamental dignity of human life. It is based on the principles of justice and the rule of law. It places upon every State and Nation, the ultimate and inalienable responsibility of particularly protecting those of its members who are weak, vulnerable, or differently-abled against exploitation, exclusion, and discrimination. The basic dignity of human life also means that human life cannot be commodified, bartered, or monetized.

Human Trafficking can simply be defined as the buying, selling, pawning, pledging, unlawful procuring, detention, of persons using unlawful means such as force, fraud, coercion, or the abuse of one's power over another person or of another person's vulnerability in order to induct such a person in an exploitative activity for the gain of person/s other than such trafficked person. Sex trafficking means trafficking a person, to or with a view to, sexually exploit that person in the sex trade.

Human trafficking is a systemic problem and not an episodic or trivial one that can be left to a bureaucracy here or a civil society organization there to tackle. As per the 2019 Trafficking in Person's Report, of the US State Department released in June 2019, India continues to be a Tier 2 country as it does not fully meet the minimum standards for the elimination of trafficking; however, it is making significant efforts to do so. This has been India's status since 2013.

Prerana's approach over the years has been participatory and rights-based. It has been characterized by de-monopolization, de-bureaucratization, and de-regimentalization. It means the solution to this problem cannot be left with bureaucracy or regimental forces or a handful of civil society organizations alone. The intervention process must be socialized to involve the private sector, corporate/business world, and the social forces. This is not to deny the indispensability of the police, courts, or jails in tackling the problem. The enormity of the problem demands that these various sectors must be involved in addressing the problem creatively and in a sustained manner.







# our vision

Prerana wants to contribute to the creation of a world order where:

- the innocence, weakness, or vulnerability of any human being is not exploited for commercial sexual exploitation and trafficking (CSE&T);
- violence especially gender-based violence has no place in a fair society;
- the world is free of trade in human beings for sexual slavery, and such other destination crimes;
- a victim of human trafficking is not re-victimized but is rightfully assisted to get socially reintegrated;
- the state and the civil society become compassionate, self-driven, and responsive to the victims of trafficking and gender-based violence, and adopt a non-negotiable stance against it;
- every child born is protected, has a right to make choices, and live a dignified life free from neglect, exploitation, and violence.

# our mission

Prerana works to protect the potential and actual women and child victims of human trafficking and other forms of violence, provide comprehensive path-breaking services to uphold their rights, create dignified options for life, and lead major advocacy efforts to strengthen the response of the state and the civil society to combat violence against women and children including trafficking with a sustainable, rights-based, development-oriented, and participatory approach.



My name is Jeet\* and I have been at Prerana's Night Care Center (NCC) since 2012. My mother came to Mumbai hoping to find a job as a domestic worker to earn money as her family was not financially stable and my father had passed away. In 2011, an acquaintance offered her a job and she took it hoping that it would give me a better life. It was only after reaching Mumbai she realized she'd been sold into a brothel on Falkland Road.

Soon after we moved here a *didi* from Prerana approached *Maa* in the red light area and shared about the NCC and how it would help me. *Maa* was initially a little reluctant to send me to the NCC, but seeing the Prerana *didis* visit the area daily and meeting the other mothers changed her mind. She eventually enrolled me into Prerana's center which was close to the red light area. *Maa* always wanted the best for me and with Prerana's assistance, she was able to enroll me into a private school for my education. I took my studies very seriously and I worked hard at school. I have always been one of the top 3 students in my class and I love Math, Science, and Marathi. I also took part in all the activities conducted by Prerana's Education Support Program (ESP). *Maa* has always supported me and enthusiastically attended every meeting related to me.

In 2015, I joined the Prerana choir where other children from Prerana and I were trained in singing by volunteers from Songbound (Songbound is an outreach initiative that brings the transformative power of music to underprivileged children). In 2017, Prerana partnered with Ms. Tamara Menon, one of our Songbound volunteers who started the Yuva Arts Project, through which children from Prerana would visit Canada for a cross-cultural 15-day workshop. I was one of the eight children who were selected for this trip. When the *didis* told me about this, I was very excited and also a little nervous about going to another country but everyone encouraged me and told me that I was selected because of my sincerity and hard work which made me feel happy.





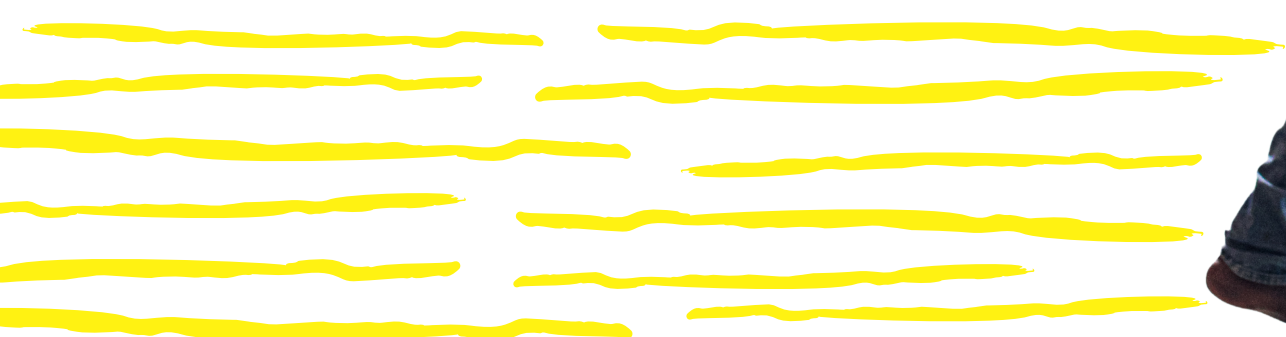
Since the program was scheduled for October 2018, we started the passport application process at the beginning of the year. The first challenge we faced was that of documentation. *Maa* didn't have our documents as she couldn't carry them with her when she was brought to Mumbai. She had to go back to her village in West Bengal and get it. When we were finally able to apply for the passport, my application was rejected due to a concern with my given address. Since many in the group did not get their passport on time, the program was rescheduled to 2019.

After our passports finally came through it was time to apply for the visa, but all our applications were rejected. We were dejected but did not give up hope. We applied again with only 4 weeks left but we were also mentally prepared in case things didn't work out. *Maa* was still very hopeful and positive. She thought it was commendable that I had even received such an opportunity and gone through this process.

One week before the program, the visas of the other seven children came through but mine didn't. The rest of my friends started preparing for their trip but I couldn't. I felt bad and I was upset, but I kept trying to be hopeful. Two days before our flight my visa finally came through. Both my mother and I were overjoyed to hear this. Finally, the day came, eight of us children along with two Prerana *didis* visited and spent 15 days in Canada. While we were there we had the opportunity to participate in a number of activities like art workshops, music therapy, contemplative music-making, songwriting sessions, mocassin-making workshops, theatre workshops, etc.

When I returned from Canada, everyone asked me about my trip and how I felt. I was the first person in my family to have gone out of the country. It was also my first time on an airplane, I was initially scared but when I sat in my seat I felt better. When we got to Canada, Tamara didi picked us up in a bus which was so exciting, the air and everything else felt different. We were staying in a nice house and Victoria Park was across the road. We also visited Niagara Falls, it was beautiful. My favorite part of the trip was making new friends. Initially, because of the language barrier, it was hard but we still managed to become good friends with the other children there as well as the *didis* and *dadas*. One thing I didn't like was the food. This trip had definitely changed me. It taught me to take care of myself and be responsible. I have been working hard on my singing and art lessons since I came back. **I hope to one day become successful and make *Maa* very proud!**

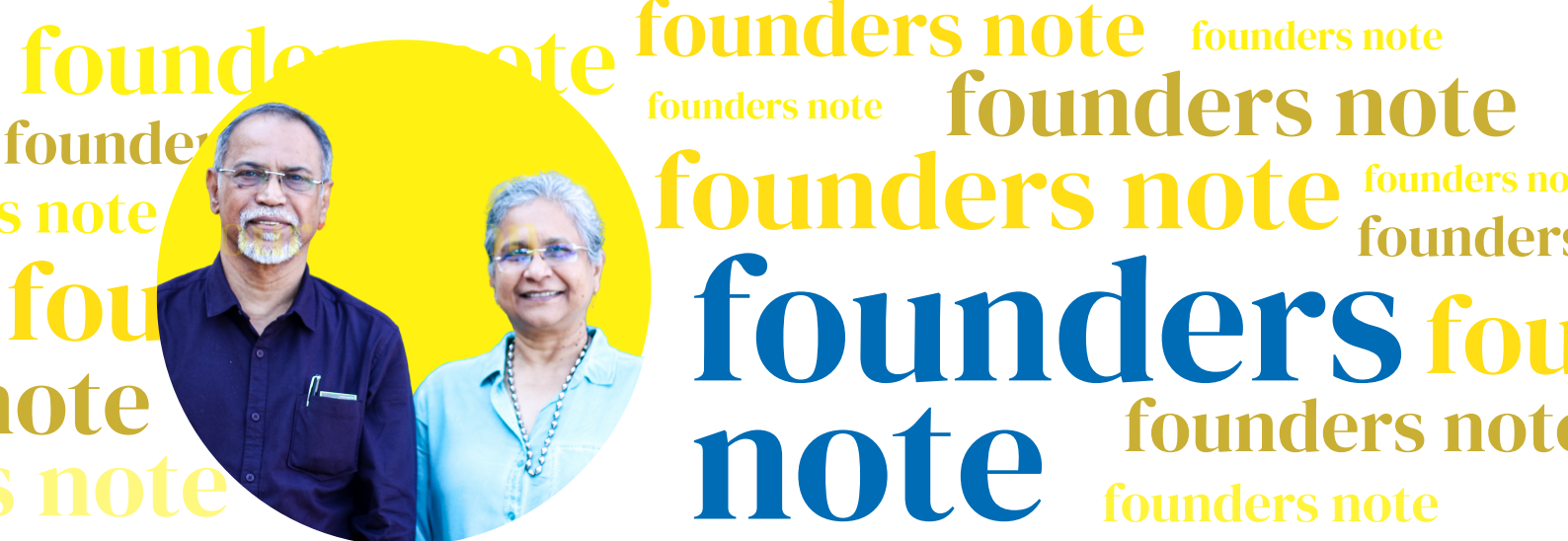
\*name changed to protect identity











Every year when we sit to give finishing touches to the Annual Report, we feel happy and proud to give an account of our work in the concluded year. The satisfaction is primarily for the fact that with your support we are able to continue to follow our Vision and Mission and translate them into reality through our ground-level activities in terms of services and advocacy. We are happy to tell you that the activities are growing year by year. It is not the volume and number of activities that we are proud of as much as the fact that we are able to deepen our understanding of the various dimensions of the problem, evolve appropriate professional responses to them and disseminate our innovations to the state and the civil society at the first available opportunity.

In the year 2019-20 too besides consolidating our gains of a variety of our need-based service interventions like the NCC, DCC, ESP, IPP, Outreach, Naunihal, After Care through the Externally Assisted Group Homes, Intensive PRO we have been very productive through our ATC on research, documentation, advocacy, training, capacity building, networking, information dissemination, capacity building, system strengthening and so on.

We want to draw your attention to our genuine efforts and accomplishments to reach out and network with other civil society stakeholders and collaborate with the state authorities to improve our combined impact on the problem situation. We are very happy to present to you our efforts at instilling and mainstreaming modern online communication such as social media - Twitter, Instagram, Facebook, and Blogs besides the conventional mechanisms like print media and other personal physical communications in our day-to-day functioning.

We are very happy to tell you that we have now a team of young professionals working closely with seasoned others who have intensive experience working with marginalized communities. Currently, we have 75 staff members, including part-time team members out of which 94% are women.

All said and done this year while we pen this our mood is quite different. We are overwhelmed with the enormity of the devastating crisis which is on its way to destroy humanity. As of March 2020, we know very little about the Pandemic but can imagine its gravity from the sudden impact it has already created in various countries across the globe. On one hand, we fear that the Pandemic will undo many accomplishments of the past three decades. On the other hand, we know that we shall keep alive the invincible human spirit that conquers any adversity.

As a CSO committed to child protection and to fighting gender-based violence we have to get geared to tackle a much greater challenge to protect the children and women we have been protecting all these years. We promise you we won't give up or slow down. We pray to you to continue to keep your trust in us unshaken.









## **child protection** **10**

aarambh **11**

sanmaan **16**

## **anti-trafficking center** **20**

sentinel **21**

communications + advocacy **28**

## **services** **40**

night care center & educational support program **41**

institutional placement program **48**

after care **53**

naunihal children's home **57**

## **financials** **61**



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# Aarambh Initiative

Aarambh India is a joint initiative that brings together over 30 years of on-ground child protection experiences of Prerana and the international 'Break the Silence' campaign of the Hong Kong-based ADM Capital Foundation. The team follows-up and facilitates short-term and long-term rehabilitation of child victims of sexual offenses in 3 districts. They are also engaged in training various stakeholders in specialized modules on prevention and awareness of child sexual abuse. In collaboration with UNICEF in Mumbai, the team is working on strengthening child protection services and systems of the Government. In 2014, the project launched a website ([aarambhindia.org](http://aarambhindia.org)) which is an online resource center on child sexual abuse and exploitation.





# Highlights

2019-2020

## >>> The Aarambh India Regional Alliance (TARA)

In 2019, Aarambh held the first edition of Karwaan – The National Meet for **63 NGO** partners from four States in India who have been a part of the TARA network since 2017. Since its inception the work has been focused on building skills & capabilities among the front-line workers working in the most remote parts of India, to prevent & respond to cases of child sexual abuse in their communities. The residential conference focused on imparting the partners with knowledge and building their skills on “How to Work with Men & Boys” in their communities. The year saw us collectively reaching out to more than 24,560 stakeholders across these four states of India, through awareness sessions, working with Government systems, and case management.

## >>> The Ideal Internet Project

In partnership with Facebook India, the Aarambh team kickstarted ‘The Ideal Internet Project’ under which a study was conducted to understand how adolescents & young people in India use the internet, what are the risks they take & how they navigate these risks. Over 155 young people between the age group of 12 to 32 years across six states - Maharashtra, Delhi, Odisha, Jharkhand, Tripura, and Kerala were interviewed. Focus Group Discussions were conducted for a group of 10 to 15 children in order to collect the data. Based on the findings of the research, Aarambh will be leading ‘The Ideal Internet Consortium’ in India which will consist of policymakers, industry leaders, nonprofits, and experts who will work on select themes and come up with recommendations for policy and programs across the country. The Preliminary findings of the research were presented at the Facebook South Asia Safety Summit, 2019 in New Delhi.

## >>> Internet Hotline

**276 reports** were made to Aarambh’s Internet hotline to report child sexual abuse material (CSAM) of which 62 reports were identified as positive CSAM. Aarambh’s partner’s Internet Watch Foundation ensured that the images and videos were taken down and the URLs were blocked.

**Advocacy Around Internet Hotline:** In 2019, Aarambh was invited to join the We Protect Global Alliance and participated in the Global Summit to Tackle Online Child Exploitation that was held in Addis Ababa, Ethiopia. The summit aimed at commitment from governments, coordinated global action, and close collaboration between various stakeholders to ensure adequate response to the issue of CSAM. The summit saw 400 delegates, including representatives from 93 countries and senior figures from civil society organizations and technology companies. The Global Threat Assessment, 2019, and a new Global Strategic Response framework were launched at the event. Aarambh’s contribution was also acknowledged in the Global Threat Assessment Report.

- In partnership with Cyber Peace Foundation & UNICEF India, Aarambh trained more than 150 police personnel who are master trainers from the Cyber Cells across 8 states (Gujarat, Uttar Pradesh, West Bengal, Madhya Pradesh, Odisha, Telangana, Assam, and Chhattisgarh) in India on how to sensitively handle cases of online child sexual abuse. The training was a part of a four-day training program on the investigation of cyber-crimes.

### >>> **Strengthening Child Protection Systems in Maharashtra**

Aarambh continues to provide intervention and rehabilitation support to 254 cases of child sexual abuse in Mumbai. Based on the request from the Government of Maharashtra the Aarambh team began strengthening Child Protection systems to six more districts of Maharashtra. They focused on strengthening multi-stakeholder convergence at every district through training and follow-ups so as to ensure that all the child protection functionaries work together in handling cases of sexual abuse. More than 200 child protection functionaries were trained across six districts of Maharashtra. The training also focused on putting documentation & case management systems at the district level which are currently absent.

### >>> **Intervention in Thane District**

In the year 2018, Aarambh began its intervention in the Thane district by capacitating and handholding the Child Welfare Committee (CWC) and civil society organizations to effectively handle cases of child sexual offense. As a result of the intervention, a Support Group Network was formed in Thane, where the civil society organizations, shelter homes, and CWC work in convergence and meet on a regular basis to discuss challenges, solutions, and way forward. This year, the Team conducted a convergence meeting with the Thane CWC and the support group to discuss the plan for the upcoming months and finalize sessions and training to be conducted with the group. The meeting was held at the CWC office in Ulhasnagar.

### >>> **Care & Support**

In the year 2019, the Care & Support program continued working with 10 child victims as Prerana was appointed as the Support Person (Organization) by the CWC (Mumbai Suburban and Raigad) under the POCSO Act, 2012. The social worker continued to work towards the rehabilitation of child victims in coordination with their families, police, CWCs, Child Care Institutions, civil society organization; and ensured that at no point these children felt re-victimized.

### >>> **Trainings & Workshops**

**Aarambh developed 3 new training modules in the year:**

- E – Raksha Training for Law Enforcement Agencies Across India (For Police)
- Capacity Development for the Child Protection Systems for Effective Case Management (For Child Welfare Systems)
- Working with Men & Boys - A Strategy to Prevent Sexual Offences against children (For all the stakeholder)



Throughout the year, the Team conducted training for more than 500 individuals i.e. Police Officers, newly appointed CWCs, and District Child Protection Units in Maharashtra, Staff of Child Care Institutions, Social Workers, Community Based Organizations, Parents, and Teachers.

## >>> **Trainings & Workshops**

### ● **National Resource Center**

In 2019, 10,634 unique users accessed the National Resource Centre ([www.aarambhindia.org](http://www.aarambhindia.org)) website.

### ● **Social Media**

- Over the year, different thematic issues such as – understanding consent, pleasure, body positivity, sex positivity, the vulnerability of queer children to sexual abuse, and vulnerability of disabled children to sexual abuse were highlighted on Aarambh's social media platforms.
- Two Twitter Chats were held in the year. The first was held on the topic of 'Vulnerability of children with disability to sexual abuse' with Shampa Sengupta and Oowomaniya. The second Twitter chat covered the topic of 'Pleasure-positivity and Childhood' with Harish Iyer.
- Aarambh collaborated with experts such as Insia Dariwala, Sadaf, Binita Mukherjee, Sayani Ghosh, Sneha Rooh, and others and successfully published 13 blog posts on the website.







# Sanmaan

Project Sanmaan (meaning honor) aims to enable children found begging in the streets to enjoy their right to wellbeing and dignity and break the intergenerational cycle of backwardness. Through the main approaches of prevention, protection, and advocacy, Sanmaan intends to work with the right holders i.e. the children, adolescents, their families, and other duty bearers with a rights-based development-oriented approach.

Children found begging are not safe or protected and instead are vulnerable to a variety of maltreatment and exploitation. Early in 2016, the police authorities in Mumbai started a drive wherein the roads of Mumbai were to be 'cleansed' of the children found begging. The children and their families/adult escorts who were found or suspected to be begging used to be taken into custody and mostly dropped far outside the city limits and away from civilization. A few children used to be dropped in Child Care Institutions (CCIs) using the Juvenile Justice (Care and Protection of Children) Act, 2015. The children were not only being separated from their parents and institutionalized, but their fundamental rights to education and development were also routinely violated. Though socio-economically marginalized, what compounded their plight was the branding and treatment of stigma and discrimination meted out to them because of their special background of having historically belonged to the ex-Criminal Tribes, post-1951 called as the 'Denotified Tribes'. Having been inducted into begging was violating the children's right to dignity and well-being and their fundamental rights to survival, development, protection, and participation. The Sanmaan project is a field-based intervention initiated by Prerana against this background for the protection and dignity of these children.



# Highlights

2019-2020

## >>> Research

The idea of conducting a research study began when the Sanmaan team started working closely with the children rescued as they were found begging in public places by the Mumbai Police. Prerana's contact with these children and their families was through referrals by the Mumbai CWCs and subsequently through its own extensive outreach. What was observed during the outreach and follow-up visits was appalling. Most of the children found begging in Mumbai are forced to live in abysmal, inhuman conditions on pavements and in unauthorized slums which are frequently demolished. These children and their families have apparently no access to safe drinking water, housing, latrines, urinals, bathing and washing places, electricity, or identity documents. Most of the children do not get enrolled or stay in formal schooling. Those who are enrolled often do not attend school. Those who do attend school get discriminated against and bullied resulting in irregularity in attendance and eventually dropping out. During further engagements with these children, the striking phenomenon observed by the team was the presence of children from the Pardhi community. Historically, under the Criminal Tribes Act, 1864 the state had ascribed criminal propensities to the Pardhis. It, thus, intrigued Prerana to notice a substantial number of children and adults from this community begging in order to survive. There was insufficient information available in the public domain in this regard. There was little explanation on the connection between certain ethnic communities and their presence in begging in public places in Mumbai and Navi Mumbai. There was, thus, an acute need to contextualize the problem and especially the presence of children belonging to certain ethnic communities in begging and its interaction with the state and the civil society sector. The basic concern was to understand the phenomenon better so as to arrive at a better clarity about the problem and a better and workable practical recommendation for positive state and social intervention.

'An intersectoral analysis of the migrant backward communities and induction of their children in beggary in a metropolis like Mumbai – An Exploratory Case Study' led by Dr. Pravin Patkar, examines the responses of the State, the current role, and gaps within the Juvenile Justice System and the factors affecting the role of the community in preventing or facilitating the induction of the children in beggary was released and disseminated on the 27th of December 2019.

## >>> Community Outreach

The Sanmaan team conducts regular visits to the Chembur and Ghansoli communities. Through conducting such visits, the team has been able to build a rapport with the residents of these communities. The community residents directly approach the team to enroll their children into school or Child Care Institutions. As a result of extensive visits, the number of school enrollments has also increased. Community Outreach visits have also helped the team better understand the needs of the communities and the challenges faced by them.



### >>> **Outstation Visits**

During the year, the Sanmaan team conducted outstation follow-up visits to Pune, Beed, Ahmednagar, and Osmanabad. These visits are conducted in order to follow-up with the children who have been enrolled in the Ashram schools in these districts. During these visits, the team also conducts home visits if required, networking with local NGOs working on child rights issues and the Child Welfare Committees. The team also conducted visits to the Ashram schools in the areas to follow up on the children enrolled and understand the functioning of the school for future admissions.

### >>> **Community Awareness Program**

While working on protecting children from begging, the team has found that a large number of children and adolescents are dependent on substances like drugs, especially in the areas of Ghansoli and Chembur. To raise awareness about the issue the team collaborated with SUPPORT, an organization that encourages street children and homeless youth to give up substance abuse and works to reduce risk behavior through the processes of detoxification, rehabilitation, and mainstreaming. The sessions were interactive and the children actively participated in the sessions. Two awareness sessions were conducted in the year and a total of **189** children were reached out through these sessions.

### >>> **Consultation on “Preventing Children from Begging Outside Places of Worship and Placing them on a Path of Development”**

On 14th December 2019, Prerana collaborated with the Maharashtra State Commission for the Protection of the Child Rights (MSCPCR) and conducted a round table consultation on “Preventing Children from Begging Outside Places of Worship and Placing them on a Path of Development”. A total of 40 participants from 17 organizations attended the consultation. Data and trends of the children found begging outside places of worship in the city of Mumbai was shared along with the challenges faced by the management of places of worship to prevent children found begging outside places of worship etc.

### >>> **Forced Migration and Children in Begging: State Level Consultation and Dissemination, 2019**

On the 22nd of May 2019, Sanmaan organized its first State level Consultation at YMCA, Mumbai Central. Organizations from the various districts of Osmanabad, Amravati, Beed, Solapur, Mumbai, and Pune attended the Consultation. Members of Department of Women and Child Development, Mumbai City and Mumbai Suburbs, representatives from the Juvenile Aid Protection Unit, Mumbai, members of State Commission for Protection of Child Rights and Child Welfare Committees, Mumbai City and Mumbai Suburbs also attended the Consultation. A total of 55 individuals participated in the Consultation which was the first of its kind that discussed the concerns of children found begging.

The consultation focused on the push and pull factors that lead to the migration of children to Mumbai and thus their induction into begging and the States response to children found begging. Sanmaan also disseminated a draft of the Standard Operating

Procedure when rescuing children found begging which was developed in consultation with stakeholders.

A follow up round table consultation was conducted on the 22nd of November 2019 on Forced Migration and Children found Begging. A total of 44 individuals attended the Consultation which discussed the following:

- Challenges faced while rehabilitating children found begging.
- Challenges faced when attempting to procure identification documents and how organizations are navigating the same.
- Update of the functioning of the Task Force.
- Standard of Care and Protection of Children as implemented in Ashram Schools.
- Osmanabad's Model of preventing and protecting children found begging.
- Prerana's interventions on the issue of children found begging.
- How Ward level Child Protection Committees can be mobilized to ensure safety and protection of children.



**1953**

children followed up  
with



**41**

case referrals



**23**

social investigations  
conducted



**49**

CWC visits



**68**

community visits

**17**

children  
referred to CCIs

**20**

children  
restored to families



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# Sentinel

## Post Rescue Operation (PRO)

Prerana has been working with minor victims of commercial sexual exploitation for the last two decades to assist the State in the process of rehabilitation of the victims. There is great emphasis on rescuing victims from sexual exploitation but not much is done to ensure that they are rehabilitated and integrated well into society. As per the current legal structures, a minor victim of commercial sexual exploitation is to be seen as a child in need of care and protection (CNCP) under the Juvenile Justice (Care and Protection of Children) Act, 2015 (JJA). The child is presented before the CWC constituted under the JJA, which is supposed to place the child in a CCI or restore her/him to the family, depending upon what serves the best interest of the child after considering the findings of the Social Investigation Report (SIR). The PRO team assists the CWCs in this process by conducting a social investigation visit, submitting the report of such a visit, and following-up on the child throughout the process of rehabilitation. The team provides extensive assistance in furthering the rehabilitation of the victims, which covers, but is not limited to:

- Production before the Child Welfare Committee (child protection authorities for vulnerable children under the Juvenile Justice Act, 2015);
- Conducting local Social Investigation and facilitating interstate visits;
- Psycho-Social counseling;
- Legal intervention;
- Preparing Individual Care Plans; and
- Facilitate rehabilitation and social reintegration of these rescued children into an open society.

Prerana also actively facilitates and co-facilitates sensitization and training programs on the prevalence and seriousness of human trafficking, destination crimes, the need to stop revictimization of victims, rule of law and protection of rights, socio-economic analysis, legal awareness, exposure to regional and international instruments. These sessions are targeted towards law enforcement, judiciary, prosecutors, media representatives as well as service providers.

Prerana also conducts capacity building programs to enhance the capacities of the staff managing child care institutions (where the victims reside)

and other civil society organizations relating to victim friendliness, rights of the victims, skills, and principles in handling cases, barefoot counseling, trauma-informed client-centered intervention in care, sharing of best practices, use of better management practices.





# Highlights

2019-2020

## >>> Consultation on - Identifying Changing Trends, Consolidating Interventions in Anti Human Trafficking

Across the country, there are different organizations and individuals working in various capacities to address the issue of trafficking. These involvements vary from providing direct services to assist the State in the process of rescue and rehabilitation to research and advocacy interventions. In Prerana's experience, a platform for stakeholders to come together to share their experiences helps in strengthening and designing further interventions in the anti-trafficking domain. To this end, on the 18th of September 2019, Prerana held a one-day Consultation titled "Identifying Changing Trends, Consolidating Interventions in Anti Human Trafficking" at Kohinoor Continental, Andheri, Mumbai. The Consultation was attended by various experts from the field of child rights, human trafficking, the juvenile justice system, and mental health.

The event was attended by **100** participants including representatives from the Child Welfare Committees of Mumbai Suburban, Mumbai City and Palghar, the District Child Protection Unit, and the Anti-Human Trafficking Unit. Besides, representatives from states like Goa, Delhi, Kolkata, and Meghalaya were also invited. Recent trends in trafficking were discussed at the consultation, along with innovations in anti-trafficking interventions.

## >>> Family Counselling

The Team introduced family counseling for the families of children they work with, in May 2019. Unlike a traditional counselor, the family counselor's area of intervention is the family and their process of interaction.

At Prerana, interventions are adapted to serve the best interest and the need of the child. Thus, while implementing the family counseling intervention, the team adopted an unconventional approach. Unlike traditional family counselors, Prerana's counselor conducts the sessions in the community where the child and/or their family resides, which may include their place of residence or neighboring areas where they feel most comfortable. The aim of the intervention is to strengthen the existing positive processes within the family system and modify the ones which are not benefitting the structure.

Family counseling primarily uses Bowen's family systems theory. Additionally, it employs diverse strategies rooted in cognitive behavioral therapy, attachment theory, and narrative therapy among others.

## >>> Mauj Masti Mela

On the 15th, 16th, and 19th of November, 2019 Prerana organized Mauj Masti Mela a Funfair across Child Care Institutions in Mumbai and Thane. On the occasion of Children's Day, the Team facilitated activities for 110 children in the Govt Children's Home in Ulhasnagar, 65 children in the New Children's Home, Mankhurd, and 72

in the Children's Home for Girls, Umerkhadi. To facilitate this activity, Prerana actively mobilized the youth from different educational institutions across Mumbai and Thane from which 10 student volunteers participated in the event. Prerana also partnered with Yogita Foundation, that works actively with Child Care Institutions across the country to empower marginalized youth with life skills program using experiential learning methodology to create resilience and opportunities to face the real life. Yogita Foundation facilitated the games that the children were engaged in during the day, followed by candy floss, popcorn, snack boxes, and gift bags being distributed.

### >>> **Bal Suraksha Mela at Govandi by Apnalaya**

Apnalaya is a civil society organization that works closely in under-served communities through a community development approach. The organization has its field offices in the urban slum area of Shivaji Nagar, Govandi, and undertakes community-based development activities with the residents in the area. On 9th December 2019, Prerana collaborated with Apnalaya and participated in their Bal Suraksha Mela – an event organized in the community to create awareness around the issue of child sexual abuse, especially in light of the Protection of Children from Sexual Offences Act, 2012. The Team attempted to create awareness amongst the residents of the community about the offense of trafficking, and the purposes for which the offense is carried out – with a special focus on sex trafficking. Through activities, the Team tried to make people aware of the various stereotypes that are usually attributed to a potential trafficker or a potential victim. The Team also started a discussion on protecting the children from being trafficked through case studies that would be relevant to the community, and the participants responded with their possible reactions to the examples presented. The team interacted with about **100** local community residents.

### >>> **Welcome Kits**

It is the right of every child to be provided basic essentials for their care and protection. These essentials are supposed to be provided by the institution where the child is placed once rescued, at the time of admission to an institution. For a child who has been through a series of traumatic experiences and placed in a new environment, not being provided basic necessities can be a great struggle and an uncomfortable experience. These essential commodities include soaps, towels, oil, powder, sanitary napkins, etc. It has been noticed that these essentials are not always provided to the children and in some institutions, if provided, not enough quantity is provided. Hence the Team began to provide such resources to children at institutions after assessing the needs of the children and availability of resources. During this year, **179** welcome kits were distributed among the children placed at institutions.

### >>> **Help Desk**

The Team manages a Help Desk at the Mumbai Suburban Child Welfare Committee (CWC) office in Mankhurd. The Help Desk provides a single (or multiple) point(s) of contact for parents, children, NGOs, Police, and other helping professionals assessing/approaching the Child Welfare Committee to gain assistance in troubleshooting and resolve their queries.



The purpose of a Help Desk is to facilitate a smoother functioning of the CWC. On a typical day, the Help Desk provides clarity to different stakeholders approaching the CWC - like police officers, parents and/or family members of children, representatives from non-governmental organizations, etc. The information provided is often regarding the functioning of the CWC and its procedures and provisions as per the Juvenile Justice (Care and Protection of Children) Act, 2015. During the end of 2019, Prerana undertook an internal assessment of the help desk activity to analyze the effectiveness of its functioning by interacting with the necessary stakeholders. **296** individuals were supported through this help desk in 2019. The Report of this internal assessment was also finalized during this period and was circulated within the relevant stakeholder group.

### >>> **Life Skill Education Sessions**

The World Health Organization defines life skills as "the abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life". Life Skills Education aims to equip individuals with the necessary skill set to meet the rising needs and demands of the present society while promoting an individual's mental wellbeing. The Team conducts Life Skill Education in one government institution and at Prerana's Naunihal Children's Home. These sessions focus on self-awareness, empathy, non-discrimination, knowing one's emotions, bullying, maintaining healthy interpersonal relations, and goal setting. The sessions are crafted and executed keeping in mind the maximum participation from the children by including various activities, games, movies, and video clippings. All 'Life Skill Education' sessions are planned and facilitated as per the needs of the children.

### >>> **Case Management**

The Team assists the Home staff in organizing monthly Case Management Meetings - wherein different organizations who work in the Home come together to discuss challenges, successes, and plan activities for the residents. Cases of children currently residing at the CCI are discussed and future interventions are planned with assistance and input from those present in these meetings. These meetings are very beneficial as concerns are raised by the Home Staff as well as the organizations working with the victims and possible solutions are thought of together. It gives all the stakeholders a common platform to discuss concerns and casework practices and plan accordingly. A total of 10 Case Management meetings were held within this year.

### >>> **Recreational Activities and celebrations**

It is observed that the rehabilitation plans for children at institutions focus on educational and vocational training. Recreation is not considered a priority when planning for the child's rehabilitation. In our experience, there are times when the Home staff want to include the celebration of festivals, activities, and outdoor visits but aren't able to do the same because of a lack of resources. Prerana thus assists in bridging this gap. This year, the Team celebrated birthdays of all the children at the Home (whose birthdays fall in that month) monthly. Movies screenings were held

followed by discussions. Activities such as Mehendi sessions, candle, and card-making activities were conducted. Festivals like Christmas were celebrated by decorating a Christmas Tree and storytelling, Makarsankranti was celebrated with kite flying, Rakshabandhan with tying Rakhis, etc. An exposure visit to the Reserve Bank Of India was also organized followed by a visit to the nearby beach. Yoga sessions were organized for children at a government institution.

## >>> **Understanding medical protocols in Child Care Institutions for victims of sex trafficking**

An ongoing research study is being conducted by Team in collaboration with CEHAT to understand current medical protocols followed in child care institutions where children rescued from commercial sexual exploitation are placed for rehabilitation. Based on the analysis of the study and their respective expertise, Prerana and CEHAT aim to develop a protocol for certain health procedures, medical tests, etc. that could be made mandatory, in the best interest of the minor victims.

## >>> **Outstation Visits/ Study Visits:**

### ● **Rajasthan**

In Prerana's experience of working with victims of commercial sexual exploitation, a trend has been observed of rescued children, belonging to the north-west and central part of the country, covering the states of Rajasthan and Madhya Pradesh. From the current pool of cases that the Team is following up with, about eight have roots in Rajasthan. Thus, with support from the local partners in the districts of Dausa, Dhaulpur, Bharatpur, Tonk, Jaipur, and Sawai Madhopur, the team set out to visit these families between 24th June to 29th June 2019. Besides visiting these respective families and the local communities, the Team also met with other stakeholders like childline implementing partners, Child Welfare Committees, Anti-human trafficking Units, etc.

### ● **West Bengal**

From 15th to 20th July 2019, three members of the Team visited West Bengal to follow-up on cases as many of the children that the project works with are native to West Bengal or have been restored there. The Team contacted World Vision and Childline for assistance in conducting visits in Nadia, South 24 Parganas, Kolkata districts. In West Bengal, the Team also met with one of the South 24 Pargana's Child Welfare Committees to learn about their experiences with cases of human trafficking in the area. The Team also visited Sonagachi, one of the biggest red-light areas in Asia, with assistance from World Vision.

### ● **Hyderabad**

In October, the Team visited Hyderabad in Telangana to understand the recent trends in child protection and best practices in child protection and gender-based violence related interventions. From 14th October to 16th October, the Team visited the following organizations - Bharosa One-Stop Crisis Center, SHE Teams Office, and the Child-Friendly Court, My Choices Foundation, Prajwala, Sakhi One Stop Crisis Center, Shaheen Women's & Welfare Association, and Tharuni. The visits also involved meetings with Protection and Implementation authorities to get a holistic idea of the



prevailing systems. The Team also interacted with Mr. Mahesh Bhagwat, Commissioner of Police, Rachakonda, Telangana, Ms. B. Girija, State Project Head, Sakhi One Stop Crisis Center, and Mr. David Raj, ICPS Manager.

## ● Bihar

From 26th to 28th of November, the Team visited Bihar to follow-up on the children they have been working with. The visit helped assess the safety and well-being of the children. It also helped the Team better understand the situation of the home (source) districts that the children were trafficked from. They visited villages in the districts of Begusarai, Darbhanga, and Motihari in Bihar. The visits to Begusarai and Motihari were conducted to follow-up on two cases where the victims had been restored after rehabilitation. The visit to Darbhanga was to assess the potential safety of a child that had not yet been restored but could be restored to her home district in the near future. Logistical assistance and support were provided by the Patna Childline and a team also accompanied the social workers to Darbhanga as the area possessed security risks.



35

care plans submitted



67

case referrals



93

activities conducted



52

social investigations  
conducted



29

children

restored to families



193

welcome kits  
distributed

## follow ups



320

family based



192

educational,  
vocational, health



280

legal



1042

child care institutions







# Communications + Advocacy

Having established our work on the field with victims of commercial sexual exploitation and trafficking, and offering the much-needed services to the women and children, a need to better understand the subject was felt. Around the year 2000, with active support from the US State Department, Prerana initiated the Anti-trafficking Center. The primary objective of this intervention was to serve as a think tank for matters relating to anti-trafficking across the South Asia region. The Center began with analyzing and understanding the Immoral Traffic (Prevention) Act, 1956, and its implementation on the field to put forth the nuances and shortcomings and better represent the victims at tables where such policy decisions were being made. The Anti-trafficking Center, which served as a one-stop-shop for information on anti-trafficking was converted into an online resource center around the year 2016. Through an online resource center, the organization hopes to disseminate, discuss and engage audiences on best practices in the field, latest news items on Anti-Human Trafficking, publish academic and field research conducted by institutions, etc.



# Highlights

2019-2020

>>> In August 2019, the Communications team officially re-launched [fighttrafficking.org](https://fighttrafficking.org). The website was redesigned post much deliberation to ensure that it is more user-friendly and accessible to the various stakeholders.

>>> On the 30th of October 2019, Prerana hosted Mr. David J. Ranz, the Consul General, U.S. Consulate Mumbai along with his wife Ms. Taly Lind at our Falkland Road Night Care Center. The team shared its recent advocacy efforts in the anti-trafficking space and the Consul General also met and interacted with some of the children. The Consul General also launched the '[Best Practice Guide For Case Workers](#)' on Prerana's Online Resource Center.

## >>> **ATC Gyaan**

In April 2019, the communications team re-launched 'ATC Gyaan' the Anti-Trafficking Center's effort to clear doubts, bust myths, and help in creating a better understanding of Human Trafficking. One can read them using the [#ATCGyaan](#). A total of 18 Gyaan's were shared with a 17,827 reach and 1027 engagements.

## >>> **Walk for Freedom 2019**

On 19th October 2019, representatives from Prerana attended the Walk for Freedom 2019 hosted by The Movement India. Walk for Freedom is the world's largest event to raise awareness about human trafficking, happening simultaneously in 450 locations across 50 countries. It is a silent walk where participants pledge to help end human trafficking and walk single file in a public place holding placards about the reality of human trafficking that raises awareness among the watching public. Globally, the Walk is organized by A21, an international NGO in the fight against modern-day slavery.

## >>> **Media & Awards**

### ● **BBC Study on Family Structures**

On 9th January 2020, BBC representatives visited Prerana's Night Care Center and the adjacent communities to collect data for their study on the existing family structures. The study was being conducted with single parents, nuclear families, mothers who were in prisons, victims of commercial sexual exploitation and trafficking, etc. During the visit, the BBC team conducted a discussion with three beneficiaries and the Prerana staff. Amongst others, the BBC team was interested to know about the daily routine of the children as well as the mothers, the absence of the father figure in their lives "how the mother plays the role of the father as well as the mother" and their psychological, financial and emotional needs.



### ● **All India Radio Air Marathi Interview**

Crimes like rape and molestation have witnessed almost a three-fold increase in the metropolis since 2010 - 2011 raised questions over the safety of women, children, and senior citizens, according to a survey conducted by a city-based NGO, Praja Foundation. On 27th November, Mrs. Priti Patkar was interviewed by All India Radio Air Marathi, where she discussed the nature and extent of child sexual abuse, prevention, the laws related to the same, etc.

### ● **DVF Award**

On the 20th of February 2020 Prerana's Co-founder, Ms. Priti Patkar was honored at the 11th Annual Diane Von Furstenberg Awards with The International DVF Award for her work in the anti-trafficking space and most notably in red-light districts of Mumbai.

### ● **Mother Teresa Memorial Awards**

On the 3rd of November 2019, Prerana was awarded the Mother Teresa Memorial Award for its work in the red-light areas and the anti-trafficking space.

## >>> **Prerana in Print Media**

Prerana representatives were interviewed and following is the coverage of the same in print media:

- **Mobile phones adversely affect sex workers' lives:** Covered in Mumbai Mirror, the article sheds light on the impact of mobile phones on the lives of the women of the red-light area.
- **Red light district receives help during lockdown:** Mumbai Mirror covered Prerana's COVID relief work in the red-light areas.
- **Rising to the challenge:** Prerana was covered by Mumbai Mirror as one of the organizations raising funds to meet the needs in the red-light area during Covid-19.
- **In Kamathipura, sex workers get masks but find social distancing laughable:** The Indian Express covered the plight of the women from the red-light area post the lockdown imposed to curb the spread of Covid-19. As Prerana works at a grassroots level the paper approached Ms. Priti Patkar for a comment on the same.
- **Migrant backward communities children beg for 6 hours a day:** The article in Times of India shares key insights from Prerana's research study conducted in Mumbai and Navi Mumbai with children from the streets.
- **Find a better alternative:** Daily Pioneer writes about POCSO and the gaps, anomalies in these cases. Prerana and Aarambh's 260 POCSO cases have been mentioned.
- **Need courts that cater exclusively to children:** The article in The Indian Express covers the discussion in the Judges' Conclave about child-friendly courts. Ms. Patkar's shared Prerana's work of building a manual for social workers assisting children in trials.

- **POCSO cases registered in Mumbai:** Mirror Now reports about victims being known to offenders. The daily approached Ms. Patkar to give her opinion on consensual POCSO cases.
- **Children comprise 69% of Mumbai's rape survivors:** Times of India states Ms. Patkar's opinions on the rise in POCSO cases in topics of consent among children, boys experiencing assault, and educating children.
- **Children need a seat at the table in global campaign to end violence against them:** Thomas Reuters Foundation News covered findings from Educo's Report on the importance of listening to the voices of children to protect their rights. The article narrates the case of a child growing up in Kamathipura and the role of Prerana in providing her with a safe shelter.
- **Mother abandoned baby so she could feed two children:** A specific case was covered by The Indian Express to share the plight of a woman in the sex trade who was forced to abandon her baby due to lack of adequate finances. The article highlights Prerana's role in providing resources to her other older children.
- **Kamathipura has a new address:** Covered in Mumbai Mirror the article sheds light on the changing dynamics of the red-light area as mentioned in Prerana's Red-light Area mapping.
- **Unsung Social Crusaders awarded Mother Teresa Memorial Awards:** ANI News covered all the recipients of the prestigious Mother Teresa Memorial Award including Ms. Priti Patkar who was felicitated for her work in Anti-Trafficking.
- **Banking facility for sex workers in distress:** Outlook India writes about the lack of adequate banking facilities for women in the sex trade. Prerana representatives spoke about Cooperatives in red light areas and their role in helping the women access them.
- **8 children from Mumbai's red-light areas struggle to get visas:** A Prerana representative published an article on Youth ki Awaaz about the challenges faced by children to get visas to go to Canada for a cultural event organized by Yuva Arts Project.

## >>> **Social Media + Online Campaigns**

### ● **Twitter Chat**

The National Girl Child Day is observed in India on 24th January. To commemorate this day, Prerana held a Twitter Chat on understanding human trafficking. Various organizations like Safe City, Missing Girls, Vital Voices, and The Movement India participated in the Twitter chat. The discussion focused on sex trafficking, psycho-social support to victims, and addressing intergenerational trafficking.

### ● **16 Days of Activism 2020**

The '16 Days of Activism' campaign is an annual international campaign that kicked off on 25th November - the International Day for the Elimination of Violence against Women and runs until 10th December – Human Rights Day. It's primarily observed to fight gender-based violence. Prerana has been an active participant in the campaign,



### ● **Children's Day Tweet - A - Thon**

In India, 14th November is celebrated as Children's Day every year to increase awareness of the rights, care, and education of children in the country. This year, in an attempt to bring to light the various issues around child rights' and child protection, Prerana initiated a discourse on Twitter. The team shared their experiences of working with child protection authorities and highlighted some areas of intervention that could be taken forward to strengthen the child protection systems. The result of the discussion was a thread of tweets by team members and various individuals who shared and voiced their thoughts on the same.

### ● **Sanmaan's Social Media Campaign**

The team launched [#SanmaanStories](#), a campaign that shed light on the lives of the children Prerana's Sanmaan team works with. The Sanmaan team works with children found or rescued from begging and/or living in street like situations along with their families. A total of 12 stories from the field were shared which focused on children and families all of whom don't have access to the most basic rights. The campaign reached out to 19,185 accounts and an engagement of 1463 on Facebook and Instagram.

### ● **Women's Week 2020**

Every woman has the right to live with dignity and without discrimination. They have a right to be treated equally in society, regardless of their background or where they come from.

In Prerana's run-up to International Women's Day observed on 8th March, the team worked on stories of the women and girls they work with who are fighting for their rights despite the odds against them. A total of 6 stories were shared in the form of blogs:

- [Women's Week 2020: Reproductive Rights](#)
- [Women's Week 2020: The Right to Development](#)
- [Women's Week 2020: The Right to Dignity](#)
- [Women's Week 2020: The Right to Identity](#)
- [Women's Week 2020: The Right to Motherhood](#)
- [Women's Week 2020: The Story of Pari](#)

## >>> **ATC Originals**

ATC Originals documents Prerana's on-field experience. It is a section that hosts a variety of original documents to exhibit the learnings, findings, best practices, experiences, and services of Prerana in the form of reports, research, case studies, etc. This year we documented and released 19 such original reports on [fighttrafficking.org](http://fighttrafficking.org).

### ● **Case Studies**

- [Fighting for Freedom & Protection](#): Over the course of Prerana's work in the red-light area, we have come across countless stories of a mother's resilience to give her children the freedom they deserve. Here is one such case of a mother who fought for her son's freedom from the clutches of her brothel keeper, and the impact created when multiple stakeholders work together.

- **Fighting for Freedom & Protection:** Over the course of Prerana's work in the red-light area, we have come across countless stories of a mother's resilience to give her children the freedom they deserve. Here is one such case of a mother who fought for her son's freedom from the clutches of her brothel keeper, and the impact created when multiple stakeholders work together.
- **Fighting for A Future:** Prerana has been working in the red-light areas (RLAs) of Mumbai since 1986. Prerana provides several critically important services like Night Care Center (NCC), Educational Support Program (ESP), to ensure the safety and well-being of the children of victims of commercial sexual exploitation and trafficking on a 24x7 basis. The prostituted women living in these RLAs have little to no agency. Often, they are under close control of their brothel-keeper or *aadmi* (pimp), with little voice of their own. Here is one such case of a prostituted mother who was forced to leave her child in the hands of her brothel keeper, but continued to fight the odds to rescue her child.
- **When Families Facilitate Exploitation:** Certain communities from several villages on the confluence of Uttar Pradesh, Rajasthan, and Madhya Pradesh are notorious for the rampant practice of trafficking the young women and girls in their family into the sex trade. These communities come from a range of tribes across India like Deredar, Gandharva, Bancharas, Nat, Rajnat, Bedia, Kanjar, to name a few where intergenerational prostitution is seen as an ancestral practice. Young girls are pushed into the sex trade by their families and the men have no ostensible means of livelihood other than trafficking and pimping them. In 2019, Prerana was referred the case of a child from one such community. Ishita (name changed), a native of Uttar Pradesh had been pushed into the sex trade by her family.
- **The Right to Education: Fighting the odds:** The story of Madhuri: Formal education isn't always a priority for the marginalized children living in the red-light area. They may not even have access to formal education. Prerana's Educational Support Program caters to all educational needs of children – be it curricular, co-curricular, or extra-curricular. Education is essential for a successful and stable future. Here we share the story of Madhuri\*, a child who fought the odds for her right to an education.

## ● Research

- **Revisiting the Evil Social Custom of Sex Trafficking in North-West India:** Certain communities from several villages on the confluence of Uttar Pradesh, Rajasthan, and Madhya Pradesh are notorious for the rampant practice of trafficking the girls in their families, young daughters and sisters, into the sex trade. There is a prevalence of sexualized caste-based labor in those communities where the unmarried women run the household and support their families. To build a contemporary understanding of these communities (mainly the Nat and Bedia communities), the ATC Team visited Rajasthan in 2018 and the report for the same was released in 2019. The study was approached through casework interventions based on Prerana's past experiences of working with victims from the communities.



- **Red-Light Area Mapping: Kamathipura, Falkland Road, Vashi-Turbhe – March 2019:** Having witnessed significant changes in Mumbai's historical Red-Light Areas (RLA), in 2010, Prerana began routinely mapping the superstructures in these RLAs. Through this exercise, the team of Prerana social workers can identify the changing structures and dynamics of the RLAs, as understanding this is crucial for planning the services and strategies.
- **HIV/AIDS And Illness In Red-Light Area – Match And Mismatch Of Health Services:** This study explores perceptions of health and health services among formerly sex trafficked and prostituted, but now rehabilitated, women. It also tries to understand the magnitude to which their health is affected because of their being in the sex trade in the past and the far-reaching repercussions thereof. Seven women, between the ages of 29 and 57 years, mostly HIV positive, were interviewed in the course of the research.
- **Field Visit to Bangladesh:** The patterns in cross-border trafficking keep changing. As an organization working on anti-human trafficking for over three decades, we felt it was important to enhance our understanding of the current situation and trends. With this objective, a three-member Team from Prerana went on a study tour to Bangladesh between 25th November 2018 and 30th November 2018. The report shares their experiences and observations.

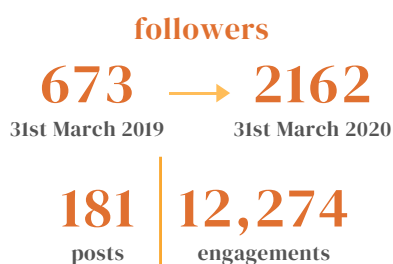
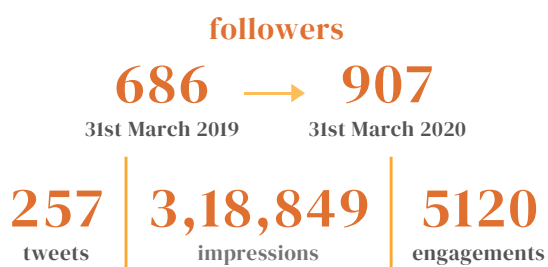
#### ● **Best Practice Documents**

- **Discussion On Bombay High Court Judgement On Rehabilitation Of Victims Of Sex Trafficking:** A discussion to analyze and interpret the judgment by J. Mridula Bhatkar which set aside the Order placing women in protective Homes for Rehabilitation, along with its impact – by organizations working in the anti-trafficking sector.
- **Best Practice Guide For Case Workers:** The 'Best Practice Guide for Case Workers' is Prerana's humble attempt to evolve a user-friendly and practical protocol on providing victim assistance services in the legal sphere to child victims of sex trafficking based on its ground-level experience of more than two decades.
- **Rules for checking the personal lockers of Children in Need Of Care And Protection (CNCP):** Every Child in Need of Care and Protection (CNCP) residing at a Child Care Institution (CCI) should be provided with a personal locker. The Juvenile Justice (Care and Protection of Children) Act, 2015 expects every CCI to undertake appropriate measures to ensure the safety and security of every child living in such institutions. In compliance with The Model Juvenile Justice (Care and Protection of Children), Rules, 2016, CCIs should have the policy of checking children's lockers once every three months. This document includes rules along with the best practices on the field.

#### ● **Blog**

- **Psychosocial Services & the Community:** To observe World Mental Health Day, Priya Ahluwalia, a counselor at Prerana sheds light on an aspect of counseling not usually discussed and not often seen. The blog covers Priya's experience as a counselor who provides her services in a dynamic community.

- Over the past few years, Prerana's Anti-trafficking Center (ATC) has been instrumental in documenting challenges while working on anti-human trafficking (AHT) in India including the accomplishments and insights of anti-trafficking activists and service providers. In July 2019, the ATC team met with Mr. Prashant Dubey, Founder of Aawaj, and Ms. Archana Sahay, Co-founder of Aarambh, Bhopal in the Indian state of Madhya Pradesh. During their visit the team interviewed both Prashant Dubey and Archana Sahay:
  - **Understanding Trafficking in Madhya Pradesh – Interview with Prashant Dubey**
  - **Child Protection In Madhya Pradesh – Interview With Archana Sahay**
- **30 years in G.B. Road, Delhi – Interview with Lalitha S.A.:** In July 2019, a team from Prerana's Anti-Trafficking Center visited Delhi to better understand the situation of sex trafficking in the capital. We visited the red-light area located on and known by the name Garstin Bastion Road (G.B. Rd). We also interacted with Ms. Lalitha S.A, the founder of Mashal Shiksha Kendra (At present known as SMS Centre).
- **Social Customary Sex Trafficking of Northwest India: Visit to project Rakshan (Day 1 + Day 2):** In September 2019, our ATC team visited Rajasthan as a follow-up visit to Project Rakshan, which was launched in 2018 as an initiative by iPartner. Our team assisted with the initial conceptualizing of the project and hence visited the project, a year after the initiation of the project.



## >>> Trainings

### ● CWC Training

- On 26th April 2019, Prerana was invited to train the newly appointed Child Welfare Committee members on Anti Human Trafficking. The training held in Pune emphasized conceptual clarity, myths, related laws, on-ground cases, and how to handle them, on-ground challenges, and how to overcome them. A total of 36 CWC members attended the session.
- Refreshers Training of CWCs was held on 21st and 22nd August and was organized by the Dept. of Women and Child with support from Unicef and International Justice Mission. Representatives from Prerana were invited as resource persons and conducted sessions with two sub-groups on Handling cases of Child Sexual Abuse and the Role of CWC, Significance, and relevance of documents like Social Investigations and Individual Care Plans and the Importance of Networking and Convergence with stakeholders. The response of the CWC to Prerana's experiential facilitation was supportive and the members responded to the training optimistically.

### ● Compendium Dissemination

The Compendium – for Stakeholders working with Children in Need of Care and Protection was released on the 25th of April 2018. The resource includes:

- Formats of best practice directions/orders issued by the CWC in cases of CNCP;
- Best practice formats for reports/forms for the CCIs working with children in need of care and protection;
- Best practice guides on important topics such as 'Orientation of a child to the Institution', 'How to speak to a child sensitively', etc.; and
- A section on Trauma Counselling with case studies and a best practice counseling report format.

Since its release, Prerana in collaboration with International Justice Mission has been facilitating dissemination events across the country. A total of 3 dissemination events were conducted this year.

April 2019	Bhubaneswar, Orissa	60
4th September 2019	Amrita University, Kollam, Kerala	50
6th September 2019	Palakkad, Kerala	35

### ● Training on Conceptual clarity on Prevention, Protection, and Redressal for minor victims of commercial sexual exploitation

The trainings were conducted for the stakeholders from the legal fraternity including lawyers impaneled with the Districts Legal Services Authority, students from the final year of Law colleges, and other stakeholders like CWCs, JJBs, civil society organizations, etc.

- **Mumbai:** On 4th May 2019, a sensitization training program was held for the newly empaneled advocates, with the District Legal Services Authority, Mumbai (DLSA). The training was held to provide conceptual clarity to stakeholders from the legal



fraternity on protection, redressal, and prosecution for anti-human trafficking interventions. The training was held in partnership with DLSA to sensitize members of the legal fraternity on the socio-economic, cultural, and psychological situation of trafficking victims. It also gave them a brief outline of the existing laws governing the issue of trafficking in the country, with special emphasis on sex trafficking.

- **Nagpur:** The training held in Nagpur was conducted in collaboration with ISSUE (Indian Social Service Unit for Education), Nagpur, and Nagpur District Legal Services Authority on 16th November 2019. It was attended by 45 participants consisting of DLSA empaneled lawyers, Child Welfare Committee members, District Child Protection Unit, and members from Childline. The training was inaugurated by Ms. Vasanti Deshpande, Member State Commission for the Protection of Child Rights, and Ms. Aparna Kohle, DWCD Officer.
- **Nashik:** The training was held on 24th August 2019, in collaboration with Navjeevan World Peace & Research Foundation, Nashik. The training was attended by 45 participants.
- **Ahmednagar:** On the 4th of January 2020, this training was held in Ahmednagar in collaboration with Snehalaya. A total of 53 empaneled lawyers of the District Legal Services Authority, Child Welfare Committee members, Police, Childline, and Child Care Institution staff attended the training.

#### ● **Workshop with CWC members on handling cases of commercial sexual exploitation of children**

On 23rd May 2019, the Sentinel Team at Prerana, in collaboration with International Justice Mission, Mumbai, conducted a workshop with various CWC members of the Konkan region of Maharashtra on building a better understanding of cases of commercial sexual exploitation of children that are presented before the CWC. This workshop was held in partnership with the Department of Women and Child Development and was inaugurated by Mr. Rahul More, the Deputy Divisional Commissioner, Konkan region. A total of 34 individuals participated in the workshop including members of Child Welfare Committees of Mumbai City I, Mumbai Suburban I and II, Thane, Palghar, and Raigad along with members of the District Child Protection Unit from different jurisdictions.

#### ● **Training for Caretakers at Rescue Foundation, Poisar**

On 31st May 2019, a training session was held with the caretakers at Rescue Foundation, Poisar organized by Prerana's Sentinel Team and facilitated by Ms. Abhilasha Rawat, a resource person from Arpan (an NGO working with victims of child sexual abuse). The session aimed at strengthening the caretakers' communication skills and encouraged them to engage sensitively with the children staying at the Home. A small self-care kit that included products of personal care & hygiene was also distributed to the caretakers.

#### ● **Police Training**

- Unicef Chhattisgarh approached Prerana to conduct training for the Deputy Superintendents of Police (DSP), both pre-service and in-service from districts in Chhattisgarh. The training was held on 21st July and attended by 45 DSPs. The

training focused on understanding the role of various legislations like the Juvenile Justice Act, 2015, Protection of Children from Sexual Offences Act 2012, and Immoral Traffic Prevention Act 1956.

- A training was organized by Unicef for the Special Juvenile Police Units, established under the Juvenile Justice Act, 2015, and the Child Welfare Police Officers with an aim to create child-friendly police stations in the state of Chhattisgarh. 100 Police Officers from around the districts participated in this training.
- **Vertical Training on Human Trafficking at North Eastern Police Academy:** On 22nd July, representatives from Prerana facilitated a training session for Police Officials above the ranks of DSPs (Deputy Superintendent of Police) at the North Eastern Police Academy, near Shillong. The session focused on understanding what is human trafficking, the trends in human trafficking, with a discussion on challenges in the field while dealing with cases of Human Trafficking.
- Prerana's Sanmaan team organized 2 Police trainings covering the Juvenile Justice (Care and Protection) Act, 2015, Social Investigation Reports, Individual Care plans, the process of rehabilitation of a child after they are presented before the CWC, the role of the Child Welfare Police Officers (CWPO) and the fundamentals of Child Rights and Child Protection. The trainings were attended by 61 Police personal.
- **Workshop on Child-Friendly Approach:** On 3rd August 2019, the Sentinel team facilitated a half-day workshop on conceptual clarity around child-friendly behavior as envisaged under the Juvenile Justice (Care and Protection of Children) Act, 2015. 24 participants attended the workshop, which included Senior Police Inspectors, Child Welfare Police Officers, and members of the Anti-Human Trafficking Units, representing various police stations of Navi Mumbai.

#### ● **Training on Individual Care Plans**

On 10th July 2019, the Sentinel Team along with International Justice Mission facilitated training on developing Individual Care Plans (under the Juvenile Justice (Care and Protection) of Children Act, 2015) with 24 organizations in the Palghar District. The training covered the importance of the Individual Care Plan in the Juvenile Justice Act, 2015. The Child Welfare Committee, as well as the District Child Protection Unit, were also a part of this training.

#### ● **Anti-trafficking Awareness Sessions**

On 11th August, Prerana was invited to conduct an informative session on anti-human trafficking and child rights for the National Service Scheme (NSS) Unit of Mulund College of Commerce. On 19th August Prerana was invited by The Movement India to conduct a similar awareness session at Wilson's College.

#### ● **Training on Working Sensitively with Children**

On 31st August 2019, the Sentinel and Sanmaan teams conducted a training with the Superintendents and Probation officers of the various Children's Homes in Mumbai Suburban. The training session aimed at strengthening the participants' understanding of trauma and its effects, while also encouraging them to engage sensitively with the children staying at the Homes. A total of 12 participants attended the session.

- **Training for Superintendents and Probation Officers of Child Care Institutions (CCI) in Thane and Raigad districts**

Prerana, in collaboration with District Child Protection Unit (DCPU), Thane organized a training for Superintendents and Probation Officers of Child Care Institutions (CCI) in Thane and Raigad districts on 26th February 2020. The training provided the participants with conceptual clarity about the effects of trauma and effective communication strategies enabling them to engage sensitively with children. The training was attended by 66 Superintendents and staff of CCIs from Thane and Raigad districts. During the training, there was a discussion around trauma, types of trauma, physiological factors behind trauma, and behavioral concerns of children associated with trauma through various audio-visual aids and case illustrations from field experiences. Parts of the training also focused on the various methods and skills of sensitive communication while working with children.

- **Training for DCPU functionaries on preparing Social Investigation Report (SIR) and Individual Care Plan (ICP)**

Prerana was invited by the Maharashtra State Child Protection Society (MSCPS) to facilitate a training session for the newly recruited functionaries of District Child Protection Units (DCPUs) from across the state. The training was held from 2nd to 4th March 2020 in Pune, focusing on diverse subjects around child protection and the role of the DCPU. Prerana was invited to conduct a training on preparing a comprehensive Social Investigation Report (SIR) and an Individual Care Plan (ICP) as per the Juvenile Justice (Care and Protection of Children) Act, 2015.



[illegible]

# Night Care Center<sub>(NCC)</sub>

The NCC program was initiated as a response to an expressed need of the women in the sex trade, living in the red-light area. It is a space created to ensure the safety and development of children and where the children can be cared for and protected during the dangerous night hours. The NCC provides services such as – protected shelter, wholesome nutrition, education support, safe play options, safe sanitation options, opportunities for skill development, awareness sessions, and an overall platform for holistic personality development and growth. Prerana has set up four NCCs, which are located in/near the red-light areas of Kamathipura (two NCCs), Falkland Road, and Vashi-Turbhe Stores. The NCCs have a nutrition and health component that adopts a holistic and comprehensive approach with regard to service delivery. Carefully planned nutritious meals are served to children four times a day (six times during Prerana's Day to Day Summer Camp). The health and medical services have a systematic process that includes a complete general health check-up, periodic follow-ups, and end-to-end support for the management of specific medical conditions.

# Educational Support Program<sub>(ESP)</sub>

The ESP is an intervention that caters to the educational needs of children - be it curricular, co-curricular, or extracurricular. The team keeps a track of the progress made by the children at their respective educational institutions by conducting regular follow up visits to their schools and colleges depending on the need and post consultation with the child/ youth. They also actively follow-up with the mothers and keep them updated on the educational progress of their child. The team ensures that mothers are encouraged to participate in their child's educational progress and development. Besides this, the program offers study classes during the evening hours wherein qualified teachers provide support to school/college-going students in their studies and project work. Prerana also collaborates with other donors to provide educational scholarships for students who want to pursue advanced or professional degrees, and to those students who have to pay school/tuition/extra coaching fees. This program is deployed at the Prerana NCCs through a dedicated team of social workers, teachers, and other resource persons.



# Highlights

2019-2020

## >>> **Joint Ekta Gat + Ekta Gat/Suraj Gat Meetings**

The spirit of Ekta (meaning Unity) is based on a child's right to participate as enshrined in the UNCRC-1989 as the fourth category of child rights. Ekta/Suraj is a voluntary, democratic, and self-regulatory collective of the children from the three Red-Light Areas (RLA) that Prerana works in. All children above the age of 12, availing Prerana's ESP services participate in the Ekta Gat meetings. These meetings are based on the principle of equal participation and democracy. They provide a platform for discussion on different issues so as to involve the adolescent and youth in the functioning of the ESP. These meetings are conducted once a month at each of the centers. The Joint Ekta Gat meeting is held once-a-month with children from Prerana's Falkland Road & Kamathipura centers. This year a total of 36 Ekta Gat/Suraj Gat meetings and 12 Joint Ekta Gat meetings were organized.

Some of the topics covered and discussed during the year were – Prerana's Day to Day Summer Camp 2019, safety when playing outdoor/ indoor games and sports activities, NCC menu, discussing notes in the suggestion box (a box at every center where a child can put in a note/ suggestion/ complaint anonymously), voting for Children's Committee Members (the committee members change every 6 months - the Nutrition, Culture, Discipline, Health & Hygiene and Child Protection committees at each center), discussions on Prerana's Child Protection Policy, United Nations Convention for the Rights of a Child, online safety and an update on the COVID-19 Pandemic.

## >>> **Little Star Meetings**

The Little Star is a body created within the organization, comprising of children between the ages of 6 and 11 years. Since the Ekta Gat is a body exclusive for children of 12 years and above, the Little Star was initiated based on the suggestion from the younger group of children who regularly requested for their own group. The purpose of the Little Star Meetings is to create a democratic platform for the younger children to voice their opinions, ask questions, and share suggestions while collectively working on solutions. It encourages participation from the younger children to discuss various topics like issues related to the NCC, study class, nutrition, issues faced at school, etc. It has been observed that when the children are apprised of an upcoming Little Star meeting, they come prepared for these meetings with an agenda. In all, 36 Little Star meetings were conducted this year.

## >>> **Daily Activities**

To contribute to the holistic development of the children, a number of activities are conducted at the NCCs. The children who are a part of Prerana's NCC (aged 1 to 5 years) participate in creative and self-learning activities, storytelling sessions, action songs, art and craft sessions along with puppet shows and health sessions tailored to meet their needs. The children enrolled in the ESP (aged 6+) participate in daily activities such as newspaper reading, storytelling sessions, quiz competitions, birthday celebrations, health sessions, and puppet shows.



### >>> **Life Skill Education**

Life Skills Education (LSE) refers to a large set of psycho-social and interpersonal skills that promote mental well-being and leads to a healthy and productive life. The ESP prioritizes LSE as a way to ensure the holistic development of the children. These sessions are conducted twice a month for different age groups (7 to 9 years and 10 to 14 years) across the three NCCs. This year a total of 120 LSE sessions were conducted and were attended by 79 children.

LSE sessions covered topics like 'good & bad choices', empathy, importance of voting, problem-solving, gender stereotypes, anger management, effective communication, making choices, bullying, emotions, personal safety, consumer rights, etc.

### >>> **Prerana's Science Club**

As a part of Prerana's Science Club, children from the 5th standard to the 8th standard participate in various 'hands-on' science experiments. Prerana once again partnered with Edubridge International School to conduct its Science Club activities. 24 children from Prerana's ESP visited the school to participate in several exciting science experiments in the laboratory, as well as interact with their students. Science Club activities were also conducted during Prerana's Day-to-Day Summer Camp. On the 8th of November, 20 children who are a part of the Science Club attended a Science Flip Festival organized by Vanita Vishram Primary School in partnership with Goethe-Institut.

### >>> **Clap Global**

Prerana partnered with Clap Global, a platform that enables an exchange of cultures by helping international travelers visit local communities to engage in meaningful and often surprising conversations, with children. The partnership began in 2018 and ended in 2019. The final session was held at Prerana's Falkland Road NCC and was facilitated by Tenzin, a Tibetan living in New York City, USA. A total of 72 children attended the sessions during this year.

### >>> **The Prerana Choir**

A singing activity is organized once a week by [Songbound](#), an outreach initiative that brings the transformative power of music to underprivileged children. Songbound sessions are conducted once a week, on Wednesdays at Prerana's Falkland Rd. NCC and on Thursdays at Prerana's Vashi-Turbhe NCC. A total of 40 children from the NCCs regularly attend these sessions. This year, a total of 86 sessions were held.

### >>> **Peer Educators**

The Peer Educators Project is based on the evidence-based premise that a supervised and monitored peer influence can help accomplish many tasks, especially in the domain of behavior modification. The creation and engagement of Peer Educators generate a larger support base for any project aiming at bringing about behavioral change. It also trains children, adolescents, and young adults to take on higher social responsibility. The Peer Educators Project was set up in the year 2000 at Prerana's NCCs for children and young adults between the ages of 13 and 22 years to volunteer to serve as, and be trained as peer educators.

Monthly sessions are held for Peer Educators. The sessions are theoretical sessions where the children are given information about current issues. Aside from regular sessions awareness campaigns are conducted. The focus for the year was HIV/AIDS. Informative sessions were conducted for the children on a monthly basis discussing various aspects of HIV/AIDS. The children also conducted awareness campaigns on 'Child Rights' and 'HIV/AIDS' in the red-light areas and at Child Care Institutions. The annual HIV/AIDS awareness rally was also held to commemorate World AIDS Day observed on 1st December. A total of 45 children are a part of the Peer Educators Project.

### >>> **Day to Day Summer Camp**

Prerana's Day to Day Summer Camp begins in April after the local schools close for summer vacations. The purpose of the camp is to engage the children in activities that fuel creativity and learning so they are not lured and influenced by the anti-social elements and activities in the red-light areas. The summer camp is a unique platform for growth that allows children to become independent and self-confident, while socializing, making new friends, and learning new skills. The camp is spread over 40 days with various activities such as educational visits, competitions, and other noncompetitive team-based activities. The planning of the camp includes suggestions and ideas of the children, sought in the Ekta/Suraj Gat meetings.

Prerana's Day to Day Summer Camp 2019 commenced on 15th April and ended on 31st May 2019 with a total of 186 children who actively participated. Over the course of the camp, the children engaged in outdoor games as well as drawing competitions and craft sessions. On the 27th of May, Prerana's Science Club organized a science exhibition on the theme of 'Best out of Waste' where the children had a chance to showcase their skills. On the 31st of May, a Sports Day was organized and sponsored by Goldman Sachs, as part of their Community Team Works project.

### >>> **Balak Utsav**

Balak Utsav is Prerana's annual children's program. It is a fun-filled event attended by all of Prerana's beneficiaries, both past, and present. The children actively participate in the preparations for Balak Utsav right from planning, decision making, monitoring to communications.

Balak Utsav also offers a platform for the children to showcase their talents by way of performance and management. It is an extremely rewarding experience for the mothers to witness their children delivering high-quality performances on a public platform and getting rewarded for their various accomplishments. Children who accomplish certain milestones get congratulated and honored amongst their peers. The mothers are also recognized for their performance to foster the protection, care, development of their children. Balak Utsav 2019 was postponed and was conducted on the 19th of January 2020. Over 450 children, youth, and mothers attended the event. The theme for the year was Navras – the 9 Emotions. 112 children from the NCCs actively participated in the organizing, planning, and execution of the Balak Utsav.

### >>> **Yuva Arts Project**

In May 2019, eight of Prerana's children (between the ages of 12 to 16) along with two of Prerana's social workers visited Canada for the Yuva Arts Project, a cross-cultural

15-day workshop conceptualized by Tamara Menon. Over the course of the 15 days, the children engaged in art workshops, music therapy, contemplative music-making and songwriting sessions, mocassin-making workshops, theatre workshops, etc. conducted various partners of the project. The children also had a chance to visit various tourist locations in and around Waterloo, Canada.

### >>> **HIV+ Women's Support Group**

Prerana facilitated the formation of a new Support Group of HIV positive women in November 2018 and its meetings are held on a monthly basis. Topics such as Antiretroviral Therapy (ART), methods of care, importance of nutrition and food, etc. are discussed. Aside from discussions and information dissemination, the group also functions as a support group where the women share their thoughts and feelings. Each session ends with the Prerana team distributing groceries such as dal, rice, dates, etc. to the women. In the year, a total of 650 grocery kits were distributed among the women who attended the Support Group meetings. A total of 65 women are a part of the group and attend these meetings regularly.

### >>> **Mothers' Meetings**

The Mothers' Meetings that are held once a month serve as a platform to share information and facilitate discussions on various matters that concern the mothers with regard to their children. Some of the sessions held during the year were importance of identity and family documents, awareness sessions on – tuberculosis, leprosy, cancer, family planning, Protection Of Children from Sexual Offences (POCSO) Act, 2012, etc. This year 34 Mothers Meetings were conducted with an average of 50 mothers regularly attending the meetings at each center.

### >>> **Red-Light Area Outreach Visits**

Daily 'Outreach Visits' are conducted across the red-light areas of Falkland Road, Kamathipura, and Vashi-Turbhe. These visits are conducted to identify new children and follow-up on the children enrolled at the NCC. Through these visits the team is also able to identify:

- the needs of the children and the community dynamics;
- changing demography of the red-light area and how it affects the children and mothers;
- the effects of raids on children and mothers;
- and work of other organizations working in the red-light areas and networking with them.

In 2019 – 2020 a total of 1103 visits were conducted by the Outreach teams at the NCCs.

### >>> **Outdoor Outreach Visits**

Due to the ever-increasing real estate prices in the red-light areas of Kamathipura and Falkland Road, a number of women move to more affordable suburban areas in the city. These women continue to be a part of the sex trade and sometimes solicit in the red-light areas, but live elsewhere. 'Outdoor Outreach Visits' are conducted to follow-up on the children and their education. In 2019 – 2020 a total of 659 visits were conducted to various locations largely within the Mumbai, Thane, and Raigad districts as well as to some other districts across Maharashtra and Karnataka.



## >>> Migration Visits

Often, women move away from the red-light area and look for alternative sources of livelihood in the city. Such women often prefer to live in the suburbs since the cost of living is low. In such cases, Prerana follows a protocol to undertake follow-up visits at least once in three months. These visits are called 'migration visits' which are conducted to take a follow-up on the child's care plan and check on her/his well-being. A total of 532 visits were conducted in 2019 – 2020.



**312**

children availing  
services



**629**

children enrolled into  
formal education



**3134**

activities conducted



**205**

documents procured

### new admissions

**78**

children

enrolled into the NCC

**119**

children

enrolled into ESP's  
study class

**94**

children

enrolled into schools

### physical & psycho-social services



**1046**

case worker interventions



**622**

counseling sessions



**3013**

medical interventions







# Institutional Placement Program (IPP)

The IPP evolved in consultation with mothers who wanted to de-link their children from the traumatizing exposures of RLAs and place them in long-term residential care and protection, as they felt their children were not safe in the RLAs. In such cases, where the child was in need of care and protection and needed to be placed in institutional care, these cases were referred to the IPP team. What began as a need-based placement of children in Child Care Institutions (CCI) is now a structured intervention that involves collaborations with the government mechanisms to ensure successful protection and rehabilitation of vulnerable and at-risk children. These children are presented before the Child Welfare Committees (CWC is a quasi-judicial body set up under the Juvenile Justice (Care and Protection of Children) Act, 2015). The CWC assesses if the children are in need of care and protection and whether they should be referred for institutional care. The team actively follows-up with children who are placed in CCIs through the orders of the CWC. The team initially helps the child adapt to the environment of a CCI. Over the course of time, the team also assists in developing and implementing a rehabilitation plan for these children. The team also engages the mothers of the children in preparing plans and making decisions for the future of the children in institutions.





# Highlights

2019-2020

## >>> **Mother's Meeting**

Mother Meetings are conducted to maintain the mother-child link and keep the mother updated about her child's progress post they move to the CCI. These meetings commence with a general awareness session on a relevant topic that would contribute to the overall development of the women and their children. During these meetings, the mothers are also provided information about applicable laws and updates regarding CWC and CCI rules. A total of 4 Mothers Meetings were conducted by the IPP team attended by 100+ mothers. The mothers had a chance to interact with the CWC members, discuss services offered by the Indian Post Service, discuss the importance of ensuring the names of the mother's on their children's documents, etc.

## >>> **The 'Lakshmi' Initiative**

National Award-Winning filmmaker Nagesh Kukunoor directed the film 'Lakshmi' in 2014, a film depicting the harsh realities of human trafficking for commercial sexual exploitation in India. Following the release of the film, the 'Lakshmi' Initiative was launched on 8th March 2015 to commemorate Women's Day. The initiative is an attempt to prevent and protect girls from the threats of trafficking, sexual abuse, and commercial sexual exploitation. It aims to support and empower 'at-risk' girls through prevention, education, and livelihood training to help them access their right to choose a path for themselves and lead a life with dignity. Every year, young women who are availing services through Prerana's various projects receive an educational scholarship through the initiative. This year 25 girls were awarded the scholarship.

## >>> **Social Investigations & Home Visits**

Social Investigations and Home visits are conducted by the team to assess the risk and safety of the child, to assess the environment from where the child comes, and/ or to contact the immediate family of the child to seek/provide information. Home visits are also conducted to understand and assess the need to evolve a family strengthening plan. Submission of Social Investigation Reports (SIR) is mandated by the Juvenile Justice (Care and Protection of Children) Act, 2015 to enable the Child Welfare Committees to take a decision on the rehabilitation plan of the child. During this reporting period, 15 Home visits were conducted and reports were submitted to the respective Child Welfare Committees.

## >>> **Stress Management Session**

It's been observed that children go through immense stress while juggling their studies and personal lives. As a result, Stress Management sessions are facilitated by the IPP team for children both from Prerana and various shelter homes. The sessions are held for children above the age of 12 i.e. studying in the 7th Standard and above. This year Prerana partnered with Yogita Foundation to conduct the sessions, which included activities and interactive games that helped the children understand the importance of goal setting, time management, self-care, planning, etc. A total of 4 sessions were conducted with 197 adolescents attending these sessions.

### >>> **Know Your Rights – An awareness session on Civic and Legal Rights**

It was observed that there was a need to educate young adults about some of their basic rights and corresponding social situations. This sentiment was also shared by some young adults during regular casework interaction and follow up. On 26th January 2020, the Know Your Rights awareness session was conducted. Four sessions on 'Rights of individuals with regard to law enforcement', 'Understanding sexual relations between individuals in light of relevant legal provisions', 'Understanding consent culture' and 'Maintaining safety in the digital space' were conducted by facilitators from Prerana, International Justice Mission and Prerana's Aarambh India Initiative. A total of 85 youth attended the session.

### >>> **Child Protection concerns in the RLAs**

During the year the IPP team assisted the Police with the rescue of 10 children. These rescues were carried out in the Red Light Areas of Kamathipura and Falkland Road. During the Team's intervention, social workers received information from its beneficiaries about children being at risk of exploitation. Since conducting rescues is the primary responsibility of the law enforcement agencies; Prerana provides them with the assistance required to rescue a child from a threatful situation. However, many times the coordination with enforcement agencies and other organizations dedicated to rescues does not materialize and the social workers need to take a step in order to protect the child. Throughout these interventions, the Child Welfare Committees of the respective districts have extended their coordination and support. Thus, each child rescued was placed in a Child Care Institution as a child in need of care and protection as per the Juvenile Justice Act 2015 by the respective Child Welfare Committee.

**32** children

placed into CCIs

**physical & psycho-social services**



**1314**

case worker interventions



**20**

medical interventions



169

CWC visits



431

CCI visits



15

home visits



RLA outreach visits



migration visits



outdoor  
outreach visits





# After care

The Juvenile Justice (Care & Protection of Children) Act, 2015 defines After care as "making provision of support, financial or otherwise, to persons, who have completed the age of eighteen years but have not completed the age of twenty-one, and have left any institutional care to join the mainstream of the society."

In the current context, After care can be understood as the extension of care services provided to those individuals who have spent a number of their developmental years living in Child Care Institutions (CCI), who after attaining the age of 18 legally cease to be a "child" and need to exit the Juvenile Justice System. Through an After care Program the young individual is provided with support and care that would help to reintegrate them into mainstream society.

Prerana's After care, Assisted Living Facility Model follows the concept wherein young women exiting the Juvenile Justice System are supported by professional social workers through their reintegration into the mainstream society. Through assisted living, these young women are supported to move beyond institutional living and enhance their functional and occupational skills along with building an understanding of societal norms and values. The model also focuses on providing young women with the psychosocial support that they need to adapt to the environmental change while reintegrating into mainstream society from a CCI.

## Highlights

2019-2020

### >>> The Assisted Living Facility

Prerana's Assisted Living Facility (ALF) provides assistance to young women exiting from Children's Homes in Mumbai. Through a group living experience, young women are provided with an opportunity to develop their independent living skills while transitioning into mainstream society. During this reporting period, the following services were provided to a total of **13 girls** through the establishment of **3 ALF's**:

- Provision of psychosocial support;
- Professional counseling on career, relationship, self-awareness, work-related issues, and other mental health support;
- Linkage to sustainable livelihood opportunities;
- Linking to essential services such as banking, identity, and residential facilities;
- Get-togethers and Alumni meet-ups for networking and sharing.

During this year, three new ALFs were established in the district of Raigad. As of 31st March 2020, a total of 10 young women have been availing ALF services while 3 young women have transitioned from the program.



### >>> **After care Orientations**

During this reporting period, orientation sessions were conducted with a total of 252 girls on the concept of After care and Prerana's ALF. After care orientations are conducted with girls residing in Children's Homes who are above the age of 16. The objective is to encourage the girls to plan for their future post exiting the Children's Home. They are also provided a brief on the responsibilities that they would need to take up once they are living independently. In addition to this, these orientations involve discussions on educational, vocational, and career plans as well. The orientation is divided into an average of 3 to 4 sessions depending upon the need and interests of the girls.

### >>> **Training on Prevention of Sexual Harassment at Workplace**

A session on Prevention of Sexual Harassment at Workplace was conducted on 14th July 2019 and was attended by 50 young women from different Children's Homes, and those availing Prerana's After care services. The session comprised of an introduction to sexual harassment through a video and an introduction to the Sexual Harassment at Workplace (Prevention, Prohibition and Redressal) Act, 2013. The young women were then provided information on the legal aspects of the law and what they can do and how they can go about registering a complaint if they experienced sexual harassment at their workplaces. The group mainly comprised of young women who were already a part or would be a part of the workforce and the session helped them understand and further explore the relevant provisions at their workplace.

### >>> **Job Linkages and Vocational Training**

A source of income is one of the critical pre-requisites to sustain an independent life. Young women stepping out of Children's Homes often struggle to find their place in the workforce. Through established networks, the team attempts to link the young women with prospective employers and vocational training as per their needs and interests which enables them to move towards financial independence. During this year, 8 young women were linked to job opportunities while 4 have been pursuing vocational training. 1 young woman is still in the process of finding an employment opportunity.

### >>> **After care get-togethers**

After care get-togethers are organized bi-annually for young women availing the services as well as those who have transitioned from aftercare programs. This platform has been created for young adults to share their individual experiences with each other.

Some of the topics discussed during these get-togethers are:

- Friendships and relationships - Socialising while at the Group Homes
- Sex Education
- Substance addiction and cure
- Healthy Habits – Sleeping and Eating
- Savings & opening bank accounts
- Procurement of important identity documents like PAN cards



As a result of these get-togethers, the young women have created a group on a messaging platform where they frequently interact with each other and post available job opportunities.

**13** young women

availed after care services

**15** young women

transitioned into the mainstream society

**8** young women

entered the workforce



**3**

group homes

**85**

group home visits

**252**

orientations conducted







# Naunihal

Prerana comes from the belief system that institutional placement is not the best way to rear children, and it should probably be the last resort to bring up children. However, in the face of a huge problem of 'out-of-family' children and children in need of care and protection seeking safe shelter and societal compassion falling too short and often apathetic, of rooting for a successful family-based foster care program; the only practical immediate option remains that of institutionalized care and protection services.

Given the brutalities a child is vulnerable to face while living in the red-light area, Prerana had to adopt the option of institutional placement to de-link the child from the red-light area and place her in a safe and healthy environment that is conducive to the growth and development of the child. Thus, Prerana started the process of supporting mothers in considering the option of shifting the child away from the red-light area to a place that can provide long-term residential care and development.

Although for several years, Prerana kept away from setting up its residential facility, Naunihal became a necessary intervention when conventional institutions were found unable to accommodate girl children from the red-light area, especially in distressed and dangerous circumstances. Thus, Naunihal was started to fulfill this need and aimed at socializing the intervention instead of monopolizing the same. Over a period of time, from being a Home exclusively for red light area-based children, Naunihal today caters to a broader category of girl victims of violence and abuse. Naunihal is a Children's Home registered under the Juvenile Justice (Care and Protection of Children) Act, 2015 and falls under the jurisdiction of the Child Welfare Committee of Raigad district. This means that every child admitted to Naunihal is as per the orders of the concerned Child Welfare Committee, and so is the discharge from Naunihal.





# Highlights

2019-2020

## >>> Health Camps

Regular health camps are organized at Naunihal to ensure the girl's health care needs are addressed. Through the year Dental, Gynecological, Ear, Nose, and Throat checkups are conducted. Blood tests and regular pediatric checkups are also done.

## >>> OMOYA's Jewelry Making Program

Since 2016, Prerana has partnered with [OMOYA](#), a handmade woven-bead jewelry brand based out of Mumbai to facilitate a jewelry-making program for the girls living in Naunihal. The girls work closely with Ms. Eesha Ghate, the co-founder of OMOYA who teaches the girls how to make these intricate pieces. Biweekly sessions are held at Naunihal and 9 girls are currently being trained. The Jewelry created by the girls is also marketed and sold through Omoya and a part of the proceeds of the sale are deposited into the bank account of the girls.

## >>> Jadui Shakti (Naunihal's Magic Club)

Jadui Shakti, Naunihal's Magic Club which began as a partnership with Magicians Without Borders, is now a regular feature at Naunihal. A dedicated room has also been set-up where the children can practice their magic tricks. A total of 7 girls have been enrolled in the program and are being trained as magicians. This year, the girls participated in 12 different programs.

## >>> Fitness Sessions

Prerana has been collaborating with Ramona Braganza, a renowned fitness trainer since 2016. She has been facilitating fitness sessions as well as training the children to pursue fitness training as a career option. 6 children are currently enrolled in the training program and they also conduct daily fitness sessions and activities for the other children at Naunihal. One of the girls enrolled in the program is currently being mentored by Ramona and is actively working towards a career in fitness.

## >>> Dance Competitions

The girls participated in 3 dance competitions, organized by organizations, educational institutions, and the Dept. of WCD. In all three competitions, the girls secured 1st position for their performances.

## >>> Karate Training

Regular Karate sessions are held for the Naunihal girls to help inculcate values such as discipline, control, coordination, moral development, and teamwork. Prerana has partnered with Japan Karate-Do Nobukawa-Ha Shito-Ryu Kai-India for these sessions and training. A total of 15 girls regularly participated in these sessions and have successfully completed the Blue Belt Exam.

### >>> **Clap Global**

Clap Talks were also held at Naunihal as a partnership between Prerana and Clap Global, a platform that enables a unique exchange of cultures by helping international travelers visit local communities and engage in discussions with the children. A total of 25 girls regularly attended the 2 sessions facilitated by Rebekah Rodrigues from Canada and Zara from Pakistan.

### >>> **Our Children's Residential Camp**

A 7-day camp was organized by Our Children at Yusuf Meherali Center. The camp was attended by 7 girls from Naunihal and a staff member. The girls participated in various activities like Rope Mallakhamb, Slacklining, Puppetry, Magic, Toy Making, Juggling, etc.

### >>> **Global Mentoring Walk 2020**

The Global Mentoring Walk is an annual event initiated by Vital Voices Global Leadership Network to observe International Women's Day. The event is held to bring together established women leaders and emerging women leaders to discuss their professional challenges, successes and establish a mentoring relationship in which the seasoned leader guides, advises, and supports her peer. The Global Mentoring Walk 2020 was held on 7th March 2020 and 3 of the Naunihal girls participated in the event.

### >>> **Exposure Visits**

Exposure visits are regularly conducted for the girls to ensure they have the knowledge and tools to make the right career decisions. Exposure visits also are a chance for the girls to step out of Naunihal and explore beyond the walls of the Home. All exposure visits are conducted after receiving the Orders from the Child Welfare Committee. During the year, the girls visited:

- A culinary school that specializes in bakery products to learn about baking, the career options within the food and beverage industry, the qualifications required, and the available courses.
- K-11 Fitness center exposure to learn about the various equipment used at a professional fitness center, the career options, and qualifications required to be successful in a career in fitness training.
- Jackson Inns, Phaltan to get exposure to the hospitality sector.
- On the occasion of National Science Day, the girls visited the Panvel Science Center.





25

girls enrolled into  
formal education



58

extracurricular  
activities conducted

### physical & psycho-social services



449

case worker session



310

counseling sessions



12

medical interventions



CWC visits



follow-up  
visits



school visits



girls

completed 10th std.



girls

completed 12th std.



discharges



SIRs  
submitted



LSE sessions



financials financial  
ncials financials  
ials financials  
financials  
financials financial  
ncials financials  
ials financials

THE BOMBAY PUBLIC TRUSTS ACT, 1950  
SCHEDULE IX  
[ Vide Rule 17 (1) ]

Registration No. :- F - 14244 ( B )  
Name of the Public Trust :- PRERANA

Income and Expenditure Account for the year ending :- 31st MARCH, 2020

Rs.Ps	EXPENDITURE	Rs.Ps	Rs.Ps.	Rs.Ps.	INCOME	Rs.Ps.	Rs.Ps.
	To Expenditure in respect of properties				By Rent & Compensation		
	To Establishment Expenses				By Interest (Schedule 7)	2,915,026.00	4,192,809.00
	To Remuneration to Trustees				By Dividend		
	To Legal Expenses				By Donations in cash or kind (Schedule 8)	1,959,077.00	1,215,734.05
	To Contribution and Fees				By Revenue Grants (Schedule 9)	34,617,602.00	37,494,980.36
	To Amounts written off				By Income from other sources (Schedule 10)	40,686.00	69,035.25
	To Miscellaneous Expenses						
	To Depreciation						
	To Amounts transferred to Reserve or Specific Funds						
	To Expenditure on objects of the trust						
	(a) Religious						
	(b) Educational						
	(c) Medical Relief						
	(d) Relief of poverty						
37,247,407.00	(e) Other charitable objects (Schedule 6)	42,781,731.73	42,781,731.73				
2,284,984.00	To Surplus carried to Balance Sheet	190,826.93					
39,532,391.00		42,972,558.66	39,532,391.00				42,972,558.66

As per My Report of Even Date



*Vidya Nagvekar*  
Vidya Nagvekar  
Chartered Accountants  
Membership no. :- 107168

Dated :- 10th December 2020

Accounting Policies Schedule 11  
For PRERANA

*Shweta P. S.*  
Trustee

*Prerana*  
Trustee

Dated :- 10th December 2020

## SCHEDULE VIII

[ Vide Rule 17 (1) ]

Registration No. :- F - 14244 ( B )

Name of the Public Trust :- PRERANA

Balance Sheet as at :- 31st MARCH, 2020

Rs.Ps.	FUNDS & LIABILITIES	Rs.Ps.	Rs.Ps.	PROPERTY & ASSETS	Rs.Ps.	Rs.Ps.
100,000	Trust Funds or Corpus :- Balance as per last Balance Sheet Adjustment during the year		100,000	Immovable Properties :- (at cost) Renovation at Vashi Premises Pratishtha Boarding Home Kharghar Other Assets		298,000 27,418,045
31,257,625	Other Earmarked Funds :-(Schedule 1)		31,000,351	Motor Car (Innova) Motor Car (Eco Sports)		1,194,314 997,458
	(Created under the provisions of Trust deed or out of the Income)			Computer & Peripherals Multimedia Projector Furniture and Fixtures :-		2,852,843 102,900
	Loans ( Secured or Unsecured ) From Trustees	2,550		Balance as per last Balance Sheet Additions during the year Air Conditioner	1,195,547 90,000	1,285,547 47,890
2,550	From Others		2,550			
	Liabilities			Unsecured Advances Deposits, Loans & Advances Income Tax Deducted At Source		3,377,833
42,987,462	For Unutilised Grants (Schedule 2)	65,657,603				
939,252	For Current Liabilities & Provisions (Schedule 3)	470,912		Loans and Advances Investments (Schedule 4)		925,373 2,100,000
	Income and Expenditure Account :- Balance as per last Balance Sheet	29,253,920		Cash and Bank Balances (Schedule 5) Fixed Deposits with Bank		
26,968,936				Oriental Bank of Comm out of Foreign/Indian Funds Interest Accrued on F.D.R.	51,638,841 23,056,073	74,694,914
	Less: Adjusted Add :- Surplus	190,827		Cash and Bank Balances		11,381,046
2,284,984						
104,540,809			126,676,163	Total		126,676,163

The above Balance sheet to the best of our belief contains a true account of the Funds and Liabilities and of the Property and Assets of the Trust






*Vidya Nagvekar*  
Vidya Nagvekar  
Chartered Accountants  
Membership no. :- 107168  
Dated :- 10th December 2020

Accounting Policies Schedule 11



For PRERANA

*Pratishtha*  
Trustee  
Dated :- 10th December 2020



Prerana			
Statement of Receipts & Payments for the Year 2019-2020 Foreign			
Receipts	Amt	Payment	Amt
Op. Bank Balance	5,436,457	Expenses on Object of the Trust (Foreign)	31,057,461
Op. Cash Balance	5,040		
Amount Received From Foreign Donors	43,117,028	Other Deductions	113,841
		Fixed Deposit	12,000,000
		Cl. Bank Balance	5,645,818
Interest	263,096	Cl. Cash Balance	4,501
	48,821,621		48,821,621
		Accounting Policies	
As per My Report of Even Date		For PRERANA	
			
Vidya Nagvekar		Trustee	Trustee
Chartered Accountants			
Membership no. :- 107168			
Dated :- 10th December 2020		Dated :- 10th December 2020	



PRERANA				
Statement of Receipts & Payments for the Year 2019-20				
Receipts	Amt		Payment	Amt
Op. Bank Balance	7,353,246			
Op. Cash Balance	6,740		Expenses on Object of the Trust (Local)	11,131,958
To Grant	17,542,019		Fixed Deposit	7,000,000
To Donation	1,009,289		Other Payments	1,386,392
Bank Interest	287,716		Reserve utilised	1,014,576
Others	69,035			
			Cl. Bank Balance	5,728,379
			Cl. Cash Balance	6,740
	26,268,045			26,268,045
As per My Report of Even Date			For PRERANA	
				
Vidya Nagvekar			Trustee	Trustee
Chartered Accountants				
Membership no. :- 107168				
Dated :- 10th December 2020			Dated :- 10th December 2020	



**Mumbai:** Prerana, Ground Floor, Khetwadi Municipal School, 1st Lane, Khetwadi, Grant Road (E), Mumbai - 400004

**Navi Mumbai:** Prerana, Naunihal, Plot 20, Sector 5, Kharghar, Navi Mumbai-M.S. India - 410210



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